

INFLAMMA-BLOX



RECOMMENDED USE

- Used in Herbal Medicine to help relieve sore throat (inflammation of the pharynx) and other mouth and throat infections
- Source of antioxidants for the maintenance of good health

ANTIOXIDANT SUPPORT

Inflamm-a-bLOX is a comprehensive formula that provides antioxidants for the maintenance of good health. It provides a blend of phytonutrients including skullcap, bee propolis, curcumin and Graminex™ pollen extract.

Overview

Inflammation (i.e., throat) is a natural part of the body's immune response, a cascade triggered to protect the body and maintain normal tissue repair. This physiological response is part of the innate immune or non-specific immune system, a first line of defense comprising the cells and mechanisms that defend against unwanted organisms in a non-specific manner. The inflammatory cascade is mediated by eicosanoids that have been shown in traditional medicine to attenuate inflammation and immune-modulating cytokines.

Bee Propolis Extract

Bees create propolis by collecting a resinous sap from trees and then mixing it with wax within the hive. Bee propolis has been used in traditional medicine to help relieve sore throat (inflammation of the pharynx) and other mouth and throat infections.¹ Bee propolis contains a diverse variety of potent terpenes and benzoic, caffeic, cinnamic, and phenolic acids.² It is also high in flavonoids, which may account for many of its health benefits. Caffeic acid phenethyl ester (CAPE), one of the main active components in bee propolis, helps maintain this normal inflammatory balance.³

Turmeric Root Extract (Curcumin)

Curcumin, the active compound in turmeric, an orange-colored spice used for thousands of years in cooking and medicine, and provides antioxidants for the maintenance of good health.

Recommended Dose

Adults: Take 3 capsules per day in divided doses. Consult a health care practitioner for use beyond 3 months.

Medicinal Ingredients (per capsule)

Chinese Skullcap Extract (<i>Scutellaria baicalensis</i> , Root).....	233.33 mg (30% Baicalin, 10:1, QCE 2.3333 g)
Pollen Extract (<i>Secale cereale</i> – Anther, Graminex G60™).....	116.67 mg (20:1, QCE 2333.4 mg)
Bee Propolis Extract (Propolis, <i>Apis mellifera</i> - Secretion).....	39.6 mg (4:1, QCE 158.4 mg)
Curcumin (<i>Curcuma longa</i> - Rhizome).....	99.17 mg

Non-Medicinal Ingredients

Hypromellose, Stearic acid, Silicon dioxide, Magnesium stearate, Maltodextrin, Sucrose, Gum arabic

Risk Information

Consult a health care practitioner prior to use if you are allergic to bee products, poplar tree products, or balsam of Peru, are pregnant or breastfeeding, are taking antiplatelet medication or blood thinners, have gallstones, bile duct obstruction, stomach ulcers or excess stomach acid; after use if sore throat or mouth/throat symptoms persist or worsen. Hypersensitivity, such as allergy, has been known to occur; in which case, discontinue use immediately. Diarrhea and stomach discomfort have been reported after ingestion of Chinese Skullcap.

To be sure this product is right for you always read and follow the label.

References

1. Castalado S, Capasso F. 2002. Propolis, an old remedy used in modern medicine. *Fitoterapia* 73(S1):S1-S6
2. Sforcin JM. Propolis and the immune system: a review. *J Ethnopharmacol.* 2007 Aug 15;113(1):1-14. Epub 2007 May 22.
3. Chen YJ, Huang AC, Chang HH, Liao HF, Jiang CM, Lai LY, Chan JT, Chen YY, Chiang J. Caffeic acid phenethyl ester, an antioxidant from propolis, protects peripheral blood mononuclear cells of competitive cyclists against hyperthermal stress. *J Food Sci.* 2009 Aug;74(6):H162-7.